



February

Kindness Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><i>"No Act of Kindness, no matter how small, is ever wasted." - Aesop</i></p>						<p>1 Gift Cards for the homeless</p>
<p>2 Leave cookies on a neighbour's doorstep</p>	<p>3 Donate a bag of clothing to a charity</p>	<p>4 Pick up trash around your neighbourhood</p>	<p>5 Box of book to doctor's or dentist office</p>	<p>6 Leave change in a vending machine</p>	<p>7 Make "blessing bags" to keep in the car</p>	<p>8 Pay for several coffees at the coffee shop</p>
<p>9 Let someone go ahead of you in a line</p>	<p>10 Leave scarves, hats and mitts in the park</p>	<p>11 Drop off sheets/blankets at animal shelter</p>	<p>12 Adopt a soldier</p>	<p>13 Drop change into parking meters</p>	<p>14 Make a simple birdfeeder for the yard</p>	<p>15 Hand out warm socks to the homeless</p>
<p>16 Treat the car behind you at the drive-thru</p>	<p>17 Call someone you haven't spoken with in a while</p>	<p>18 Pay off someone's library fine</p>	<p>19 Inspirational sticky notes at home/office</p>	<p>20 Help someone load groceries into their car</p>	<p>21 Popcorn and a redbox code for a neighbour</p>	<p>22 Transfer your child's hot lunch to another</p>
<p>23 Give a hot chocolate to the crossing guard</p>	<p>24 Leave \$10 for next person at the gas station</p>	<p>25 Drop off baking at the police or fire station</p>	<p>26 Magazines & novels to the old folk's home</p>	<p>27 Make hot meal for a friend or neighbour</p>	<p>28 Send a 'gratitude email' to someone</p>	<p>All Rights Reserved, for personal use only.</p>